



# Hindmarsh LGA Cancer Snapshot 2015-16 Year



## Our Stats:

5,721



Our Population

45 births in 2015  
95 deaths in 2015 (all cause)

1.4%

Indigenous  
Australians

89% - 2011

↓ 84% - 2016

Australian-born

4% Born in Non-English Speaking Countries

*Australian Bureau of Statistics, Census 2016 & 2011*

## We Are At Risk!

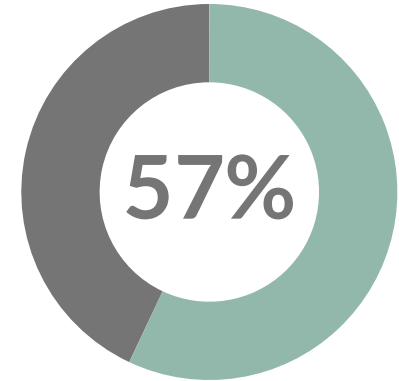
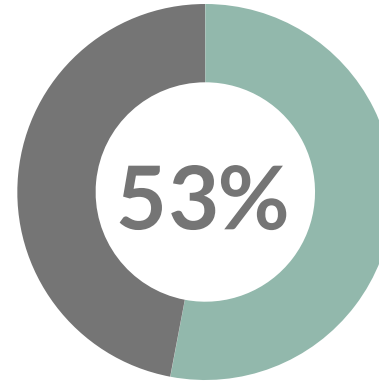
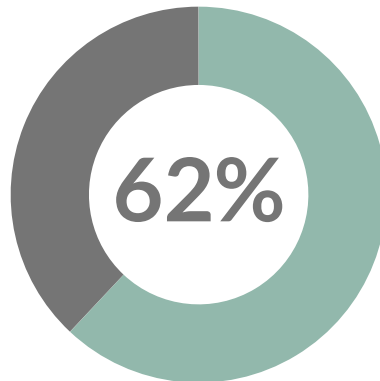
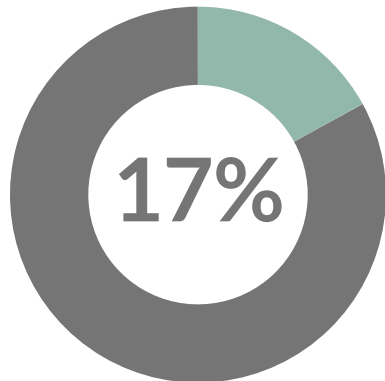
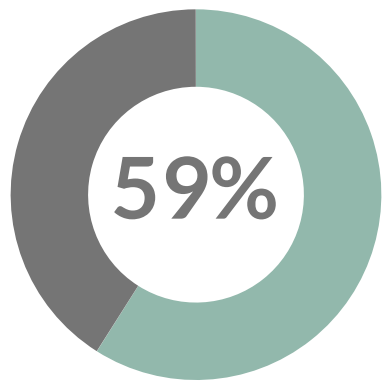
Overweight/Obese

Current Smokers  
18 Years or older

Alcohol Intake per day (Average)  
More than 2 Standard drinks

Inadequate Fruit &  
Veg Intake

No or Low Exercise



State averages:  
50%

13%

59%

49%

52%

### Overweight

Being overweight or obese increases risk of developing cancer

### Smoking

Smoking is a leading cause of cancer and death from cancer

### Alcohol Intake

Drinking alcohol can increase your risk of cancer of the mouth, throat, esophagus, larynx (voice box), liver, and breast. The more you drink, the higher your risk

### Inadequate Fruit & Veg Intake

Lack of adequate fruit & vegetable consumption increases cancer risk

### Inadequate Exercise

Lack of adequate exercise increases cancer risk

## Screening Participation & Positive Results



Pap screening - 54.5%

5% (low / high grade abnormality)



BreastScreen - 61.5%

6 women diagnosed with breast cancer in 2015



BowelScreen - 35.8%

(State Average - 33.5%, Aust 36%)

8.3% positive faecal occult blood

# 43 New cases of cancer in Hindmarsh LGA in 2015

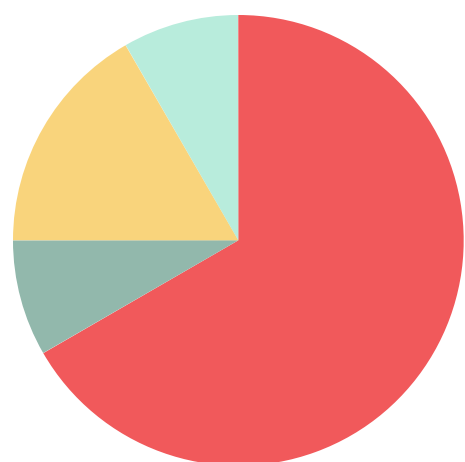
## 349 People in Hindmarsh living with cancer

63% have survived 5 or more years after their cancer diagnosis

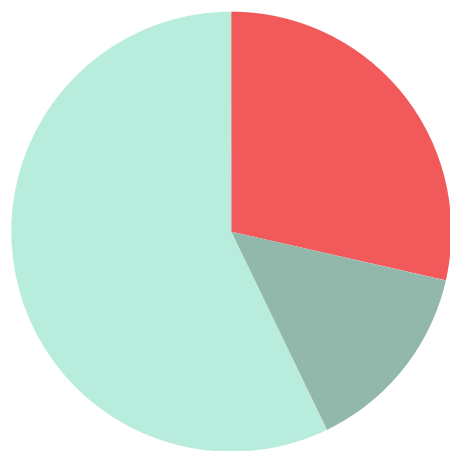
### Where do Hindmarsh residents receive treatment?

#### Surgery

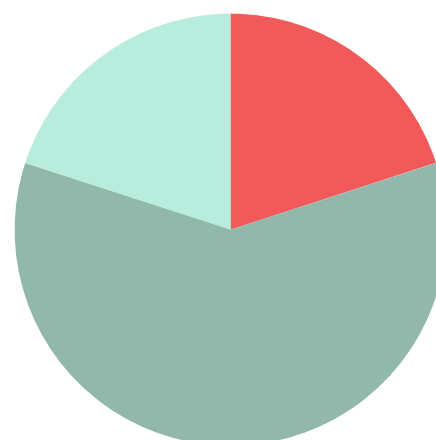
**Colorectal**  
12 admissions



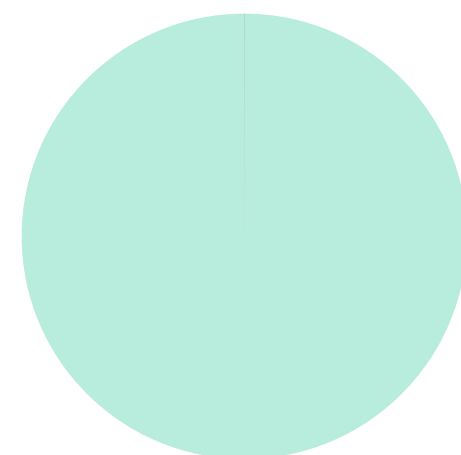
**Breast**  
7 admissions



**Prostate**  
5 admissions



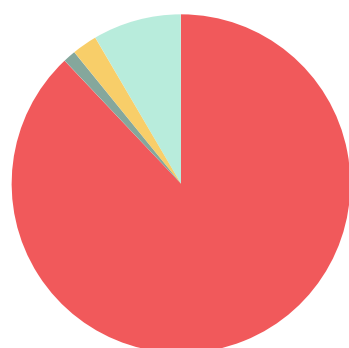
**Lung**  
1 admission



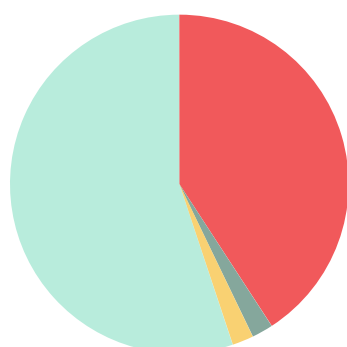
● Wimmera Base Hospital ● Ballarat Health Services ● St John of God, Ballarat ● Other

#### Chemotherapy

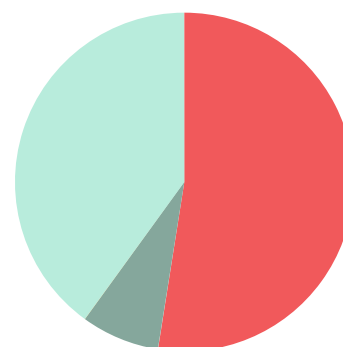
**Colorectal**  
83 admissions



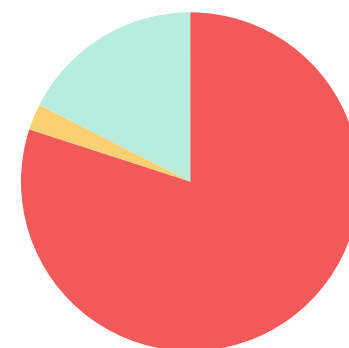
**Breast**  
98 admissions



**Prostate**  
40 admissions



**Lung**  
40 admissions



● Wimmera Base Hospital ● Ballarat Health Services ● St John of God, Ballarat ● Other

**60%** of people living in Hindmarsh who have radiotherapy, have it in Ballarat at Ballarat Austin Radiation Oncology Centre (BAROC) in the BRICC